

### ALLSA 2015 co-learning spaces:

The methodological approach of ALLSA is constructivist, critical, dialogic, intercultural, dynamic and transdisciplinary. Below we outline some of the co-learning spaces we employ:

- **Openness to traditional cultural knowledge-** as a space of organic learning and collective construction, we maintain an openness to integrate methodological elements inspired by indigenous participants and others.
- **Experiential learning** in which we interact and dialogue with the community that welcomes us into their natural environment, which deepens the biocultural learning practice.
  - **Workshops are also offered** by facilitators on:
    - Ecopsychology
    - Environmental psychology texts
    - Biocultural mapping
  - **We include visits to local projects** in which communities or community members are developing biocultural initiatives.
- **Ethnobotanical breaks** are an alternative to conventional snacks in which participants share traditional and cultural foods with the broader group.
- **Physical activities** at dawn to awaken the mind and body through activities like yoga, swimming, jogging or walking in the woods or the river.
- **Research cafés** in which participants share their research and projects in a relaxed way in a format of their choice.
- **Discussion circles** where experts introduce a topic of interest and facilitate an open discussion for which participants have prepared.
- **Active reflection** to capture impressions of activities undertaken through writing or drawing.
- **Creative preludes** in which participants can share activities, games, songs, art, etc, in connection to the environmental themes covered.
- **Practical workshops** in which participants and facilitators share skills for collaborative work and outreach strategies.
- **Film forum** in which documentaries are shared to stimulate critical thought and reflection.
- **Collaborative initiatives** in which participants and experts with common interests develop project ideas.